

ORIGINAL ROASTED SWEET POTATO SLICES



INGREDIENTS

Roasted Sweet Potatoes

Nutrition Facts

About 5 servings per container
Serving size **about 3 slices**
(85g)

Amount Per Serving
Calories 80

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 18g	7%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 0g Added Sugars	0%

Protein 2g

Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 1mg	6%
Potassium 404mg	8%
Vitamin A 817mcg	90%
Vitamin C 17mg	20%
Vitamin B ₆ 0.2mg	10%
Pantothenic Acid 1mg	20%
Magnesium 23mg	6%
Copper 0.1mg	10%
Manganese 0.4mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SEA SALT & OLIVE OIL ROASTED SWEET POTATO SLICES



INGREDIENTS

Roasted Sweet Potatoes, Olive Oil, Sea Salt

Nutrition Facts

About 5 servings per container
Serving size **about 3 slices**
(88g)

Amount Per Serving
Calories 90

% Daily Value*

Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	17%
Total Carbohydrate 18g	7%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 0g Added Sugars	0%

Protein 2g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 1mg	6%
Potassium 405mg	8%
Vitamin A 820mcg	90%
Vitamin C 17mg	20%
Vitamin B6 0.2mg	10%
Pantothenic Acid 1mg	20%
Magnesium 24mg	6%
Copper 0.1mg	10%
Manganese 0.4mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.